



**It's enrollment time!**  
Don't miss out on  
enrolling in your  
vision benefit.

Vision care is more than choosing eyewear that reflects your personality; it's about maintaining healthy, functioning eyes through proper prevention and care.

Vision Benefits. Smarter.®

## Smarter Options. Smarter Choices. Smarter Eye Care.

### Freedom to choose

Your NVA vision benefit gives you access to over 75,000 access points of care including independent practitioners, retail optical shops, and big box retailers. Within the network, you have the freedom to choose who examines your eyes and where you buy your eyewear. And it doesn't have to be from the same location. In addition, you can select your in-network vision care provider based on the number of frames available to you at \$0 out-of-pocket cost.

### Savings you want

The average cost of eyeglasses (lenses and frames) is more than \$260<sup>1</sup>. Tack on the cost of a comprehensive eye examination (\$110) and you're looking at a total cost nearing \$400. Having an NVA vision benefit can reduce this cost significantly. Not only do you save money with an NVA vision benefit, but your eyes will be cared for by our network of eye care experts. You'll also have access to high quality eyewear as well as our consumer guide, the NVA Smart Buyer®, to help you with your purchasing decisions before you go to the store or eye doctor's office.

### Stay on top of your health

Comprehensive eye exams do more than just test your sight. They can detect the signs of a variety of health issues such as diabetes, hypertension, multiple sclerosis, and more. Early warnings can be vital for staying healthy and getting appropriate treatment. An NVA vision benefit makes eye exams affordable and accessible.

**Enroll by**

Contact  
your  
Benefit  
Manager  
for  
enrollment  
details.



### Download the NVA Member App

Enrolled members, get benefit information and more when you download the NVA member app from the App Store or Google Play.

[www.e-nva.com](http://www.e-nva.com)

<sup>1</sup>National Association of Vision Care Plans

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